

Cross + Generational Faith Formation

FAITH5

What are the Faith Five? **Share, Read, Talk, Pray, and Bless:**

FAITH5 (5 Faith Acts In The Home) connects church to home, faith to life, and parents to their children and children to parents in a powerful way. The five steps of the FAITH5 are:



Share

Step One: Share highs and lows. Name something good and bad you experienced today. Can't think of a personal one? Check out the headlines from the news and teach empathy and compassion for the broader world.



Read

Step Two: Read a verse from your Bible. (During Advent 2017, use the Advent Calendar suggested verses to explore with your family every night.)



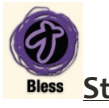
Talk

Step Three: Talk about how the verse relates to highs and lows. Unpack the verse a bit. What does it mean in your own words? How might it relate to where you are today in your highs and lows?



Pray

Step Four: Pray for one another's highs and lows, for your family, and for the world. Simply talk to God, thank Jesus for the good, and ask the Holy Spirit for guidance in specific problems.



Bless

Step Five: Bless one another. Trace the sign of the cross on one another's forehead or palm as a reminder that you belong to God and to one another.

FAITH5 is a way to equip families to daily live out their faith in a way that is meaningful. Faith5 is easily modeled in worship, small groups, Bible studies, etc. and can then be encouraged to be done around the dinner table or before bed each evening.